

Scripps Ranch Swim & Racquet Club
 Summer Camps 2010
Extreme Wiffleball

Session: 7

Day: Monday

Time	Activity	Location
6:30 - 8:30	AM Extended Care	TV Room
8:30	Camp Warm Up	Basketball Court
9:00	Camp Meeting & Organization	Basketball Court
9:30	Rules of the Game/ Camp	
10:00	Snack	
10:30	Stretch/ Warm-Up	
11:00	Practice Hitting	
11:30		
12:00	Lunch	
12:30	Practice Catching	
1:00	Decorate Bats	
1:30		
2:00	Swimming or Free Choice	Pool or Playground
2:30		
3:00		
3:30	Camp Meeting	Basketball Court
4:00	Camp Ends	Basketball Court
4:00 - 6:30	PM Extended Care	

* All itineraries, times, and locations are subject to change. AM snack and lunch must be brought by camper.

PARENT VS. CAMPER GAME ON THURSDAY 1:00PM!

Scripps Ranch Swim & Racquet Club
 Summer Camps 2010
Extreme Wiffleball

Session: 7

Day: Tuesday

Time	Activity	Location
6:30 - 8:30	AM Extended Care	TV Room
8:30	Camp Warm Up	Basketball Court
9:00	Camp Meeting & Organization	Basketball Court
9:30	Stretch/ Warm-Up	Big Field
10:00	Defensive Drills	Big Field
10:30	Snack	
11:00	Offensive Drills	Big Field
11:30		
12:00	Lunch	
12:30	Begin Tournament	Big Field
1:00		
1:30		
2:00	Swimming or Movie	Pool or TV Room
2:30		
3:00		
3:30	Camp Meeting	Basketball Court
4:00	Camp Ends	Basketball Court
4:00 - 6:30	PM Extended Care	

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PARENT VS. CAMPER GAME ON THURSDAY 1:00PM!

Scripps Ranch Swim & Racquet Club
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Session: 7

Day: Wednesday

Time	Activity	Location
6:30 - 8:30	AM Extended Care	TV Room
8:30	Camp Warm Up	Basketball Court
9:00	Camp Meeting & Organization	Basketball Court
9:30	Stretch/ Warm-Up	Big Field
10:00	Defensive Drills	Big Field
10:30	Snack	
11:00	Offensive Drills	Big Field
11:30		
12:00	Lunch	
12:30	Finish Tournament	Big Field
1:00		
1:30		
2:00	Swimming or Free Choice	Pool or Playground
2:30		
3:00		
3:30	Camp Meeting	Basketball Court
4:00	Camp Ends	Basketball Court
4:00 - 6:30	PM Extended Care	

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PARENT VS. CAMPER GAME ON THURSDAY 1:00PM!

Scripps Ranch Swim & Racquet Club
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Session: 7

Day: Thursday

Time	Activity	Location
6:30 - 8:30	AM Extended Care	TV Room
8:30	Camp Warm Up	Basketball Court
9:00	Camp Meeting & Organization	Basketball Court
9:30	Stretch/ Warm-Up	Big Field
10:00	Snack	
10:30	Home Run Derby	Big Field
11:00		
11:30		
12:00	Lunch	
12:30	Get Ready for Parents vs. Campers Game	Big Field
1:00	Parents vs. Campers Game	Big Field
1:30		
2:00	Swimming or Movie	Pool or TV Room
2:30		
3:00		
3:30	Camp Meeting	Basketball Court
4:00	Camp Ends	Basketball Court
4:00 - 6:30	PM Extended Care	

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PARENT VS. CAMPER GAME ON THURSDAY 1:00PM!