

Scripps Ranch Swim & Racquet Club
Summer Camps 2010

Karate

Session: 9

Day: Monday

Time	Activity	Location
6:30 - 8:30	AM Extended Care	TV Room
8:30	Camp Warm Up	Basketball Court
9:00	Camp Meeting & Organization	Basketball Court
9:30	Karate Lesson (9:15)	Basketball Court
10:00		
10:30	Snack	
11:00		
11:30		
12:00		
12:30	Lunch	
1:00	Free Choice	Playground
1:30	Group Game: Hi-Ya!	Basketball Court
2:00	Swimming or Free Choice	Pool or Playground
2:30		
3:00		
3:30	Camp Meeting	Basketball Court
4:00	Camp Ends	Basketball Court
4:00 - 6:30	PM Extended Care	

* All itineraries, times, and locations are subject to change. AM snack and lunch must be brought by camper.

Scripps Ranch Swim & Racquet Club
Summer Camps 2010

Karate

Session: 9

Day: Tuesday

Time	Activity	Location
6:30 - 8:30	AM Extended Care	TV Room
8:30	Camp Warm Up	Basketball Court
9:00	Camp Meeting & Organization	Basketball Court
9:30	Karate Lesson (9:15)	Basketball Court
10:00		
10:30	Snack	
11:00		
11:30		
12:00		
12:30	Lunch	
1:00	Free Choice	Playground
1:30	Group Game: Jedi Mind Tricks	Basketball Court
2:00	Swimming or Movie	Pool or TV Room
2:30		
3:00		
3:30	Camp Meeting	Basketball Court
4:00	Camp Ends	Basketball Court
4:00 - 6:30	PM Extended Care	

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Scripps Ranch Swim & Racquet Club
Summer Camps 2010

Karate

Session: 9

Day: Wednesday

Time	Activity	Location
6:30 - 8:30	AM Extended Care	TV Room
8:30	Camp Warm Up	Basketball Court
9:00	Camp Meeting & Organization	Basketball Court
9:30	Karate Lesson (9:15)	Basketball Court
10:00		
10:30	Snack	
11:00		
11:30		
12:00		
12:30	Lunch	
1:00	Free Choice	Playground
1:30	Group Game: Ghosts in the Graveyard	Big Field
2:00	Swimming or Free Choice	Pool or Playground
2:30		
3:00		
3:30	Camp Meeting	
4:00	Camp Ends	
4:00 - 6:30	PM Extended Care	

* All itineraries, times, and locations are subject to change. AM snack and lunch must be brought by camper.

Scripps Ranch Swim & Racquet Club
Summer Camps 2010

Karate

Session: 9

Day: Thursday

Time	Activity	Location
6:30 - 8:30	AM Extended Care	TV Room
8:30	Camp Warm Up	Basketball Court
9:00	Camp Meeting & Organization	Basketball Court
9:30	Karate Lesson (9:15)	Basketball Court
10:00		
10:30	Snack	
11:00		
11:30		
12:00		
12:30	Lunch	
1:00	Free Choice	Playground
1:30	Group Game: On the Ship, On the Shore	Basketball Court
2:00	Swimming or Movie	Pool or TV Room
2:30		
3:00		
3:30	Camp Meeting	
4:00	Camp Ends	
4:00 - 6:30	PM Extended Care	

* All itineraries, times, and locations are subject to change. AM snack and lunch must be brought by camper.