

## 2009 Summer Camp On-Site Itineraries

Monday	<b>Session 8 8/10/09</b>	<b>Cheerleading</b>	Tuesday	<b>Session 8 8/11/09</b>	<b>Cheerleading</b>
	6:30-8:30	Extended Care		6:30-8:30	Extended Care
	8:30	Campers Arrive & Camp Warm Up		8:30	Campers Arrive & Camp Warm Up
	9:00	Warm-Up/Stretch		9:00	Warm-Up/Stretch
	9:30	Begin Working on Cheer Routine		9:30	Practice Cheer Routine
	10:00			10:00	
	10:30	Snack		10:30	Snack
	11:00	Continue Practice		11:00	
	11:30			11:30	
	12:00	Lunch		12:00	
	12:30	Continue Practice		12:30	Decorate T-Shirts for Performance
	1:00			1:00	
	1:30			1:30	Cheer Practice
	2:00	Swimming/Free Choice		2:00	Swimming/Movie
	2:30			2:30	
3:00		3:00			
3:30	Camp Meeting	3:30	Camp Meeting		
4:00	Camp Ends	4:00	Camp Ends		
4:30-6:30	Extended Care	4:30-6:30	Extended Care		
Wednesday	<b>Session 8 8/12/09</b>	<b>Cheerleading</b>	Thursday	<b>Session 8 8/13/09</b>	<b>Cheerleading</b>
	6:30-8:30	Extended Care		6:30-8:30	Extended Care
	8:30	Campers Arrive & Camp Warm Up		8:30	Campers Arrive & Camp Warm Up
	9:00	Warm-Up/Stretching		9:00	Warm-Up Stretch
	9:30	Cheer Practice		9:30	Cheer Practice
	10:00			10:00	
	10:30	Snack		10:30	Snack
	11:00			11:00	
	11:30			11:30	
	12:00	Lunch		12:00	Lunch
	12:30	Continue Cheer Practice		12:30	
	1:00			1:00	Cheer for Flag Football Game/ Halftime Performance
	1:30			1:30	
	2:00	Swimming/Free Choice		2:00	Swimming/Movie
	2:30			2:30	
3:00		3:00			
3:30	Camp Meeting	3:30	Camp Meeting		
4:00	Camp Ends	4:00	Camp Ends		
4:30-6:30	Extended Care	4:30-6:30	Extended Care		

Main Location: Basketball Court

\*All itineraries are subject to change without notice.