

2009 Summer Camp On-Site Itineraries

Monday	Session 8 8/10/09	Flag Football	Tuesday	Session 8 8/11/09	Flag Football
	6:30-8:30	Extended Care		6:30-8:30	Extended Care
	8:30	Campers Arrive & Camp Warm Up		8:30	Campers Arrive & Camp Warm Up
	9:00	Camp Meeting/Organization		9:00	Camp Meeting/Organization
	9:30	Warm-Up/Stretch/Drills		9:30	Warm-Up/Stretch/ Drills
	10:00			10:00	
	10:30	Snack		10:30	Snack
	11:00	Drills		11:00	Drills
	11:30			11:30	
	12:00			12:00	
	12:30	Lunch		12:30	Lunch
	1:00	Scrimmage #1		1:00	Scrimmage #2
	1:30			1:30	
	2:00	Swimming/Free Choice		2:00	Swimming/Movie
	2:30			2:30	
3:00		3:00			
3:30	Camp Meeting	3:30	Camp Meeting		
4:00	Camp Ends	4:00	Camp Ends		
4:30-6:30	Extended Care	4:30-6:30	Extended Care		
Wednesday	Session 8 8/12/09	Flag Football	Thursday	Session 8 8/13/09	Flag Football
	6:30-8:30	Extended Care		6:30-8:30	Extended Care
	8:30	Campers Arrive & Camp Warm Up		8:30	Campers Arrive & Camp Warm Up
	9:00	Camp Meeting/Organization		9:00	Camp Meeting/Organization
	9:30	Warm-Up/Stretch/ Drills		9:30	Warm-Up/Stretch/ Drills
	10:00			10:00	
	10:30	Snack		10:30	Snack
	11:00	Activity: Decorate Team T-Shirts/Jerseys		11:00	Drills
	11:30			11:30	
	12:00			12:00	Lunch
	12:30	Lunch		12:30	
	1:00	Scrimmage #3		1:00	Parent vs. Camper Game
	1:30			1:30	
	2:00	Swimming/Free Choice		2:00	Swimming/Movie
	2:30			2:30	
3:00		3:00			
3:30	Camp Meeting	3:30	Camp Meeting		
4:00	Camp Ends	4:00	Camp Ends		
4:30-6:30	Extended Care	4:30-6:30	Extended Care		

Main Location: Big Field

*All itineraries are subject to change without notice.