



Seadragons Springboard Diving

Register at www.SRSRC.campbrainregistration.com!

**MONDAYS & WEDNESDAYS 5:15PM-6:45PM
AT THE AVIARY CLUB**

The SRSRC Seadragons Springboard Diving class at Scripps Ranch Swim & Racquet Club is ideal for divers preparing to dive in high school, and is open to all experience levels from beginner to advanced. Instruction will be catered toward the individual participant's level - all taught by experienced instructors. Activities will include stretching, strength, skills and drills, and working on competitive dives.

MARCH 2024

M&W - \$170 members/\$196 non-members

Mondays - \$85 members/\$98 non-members

Wednesdays - \$85 members/\$98 non-members

APRIL 2024

M&W - \$191 members/\$220 non-members

Mondays - \$106 members/\$122 non-members

Wednesdays - \$85 members/\$98 non-members

MAY 2024

M&W - \$170 members/\$196 non-members

Mondays - \$64 members/\$74 non-members

Wednesdays - \$106 members/\$122 non-members

Pricing based on number of classes in the session.

ENROLL

TODAY!

www.SRSRC.com

858-271-6222